FULL AND FINAL RELEASE

With respect to the cessation of my employment with the (1) Curling Club, on or about (2), I, John Peter Smith (3) do hereby acknowledge, agree to and accept the monetary considerations of (4), less required statutory deductions, received this date and all other good and valuable considerations. Furthermore, with the acceptance of such considerations, I do hereby release and forever discharge the (1) Curling Club, its successors, administrators and assigns and its respective directors, officers, and employees, of and from all actions, causes of action, damages, claims and demands whatsoever (including all damage, loss and/or injury not now known or anticipated but which may arise in the future and all effects and consequences thereof), and from all statutory claims from any jurisdiction whatsoever, however and wherever arising, which I may have had, now have, or which I, my heirs, administrators, successors and assigns or any of them hereafter can, shall or may have by reason of, or arising from, the employment relationship between myself and the (1) Curling Club or from the cessation of my employment relationship with the (1) Curling Club.

I do hereby further agree not to make any claim or take any proceedings against any other person, corporation, organization or entity in any jurisdiction whatsoever, with respect to anything existing at the present time between myself and the (1) Curling Club with respect to the subject matter of this Full And Final Release.

SIGNED at the this day of . (5)

SIGNED in the presence of:

__________________________________________   ________________________________
Witness                                           Witness (6)