

National Coaching Certification Program - 2014



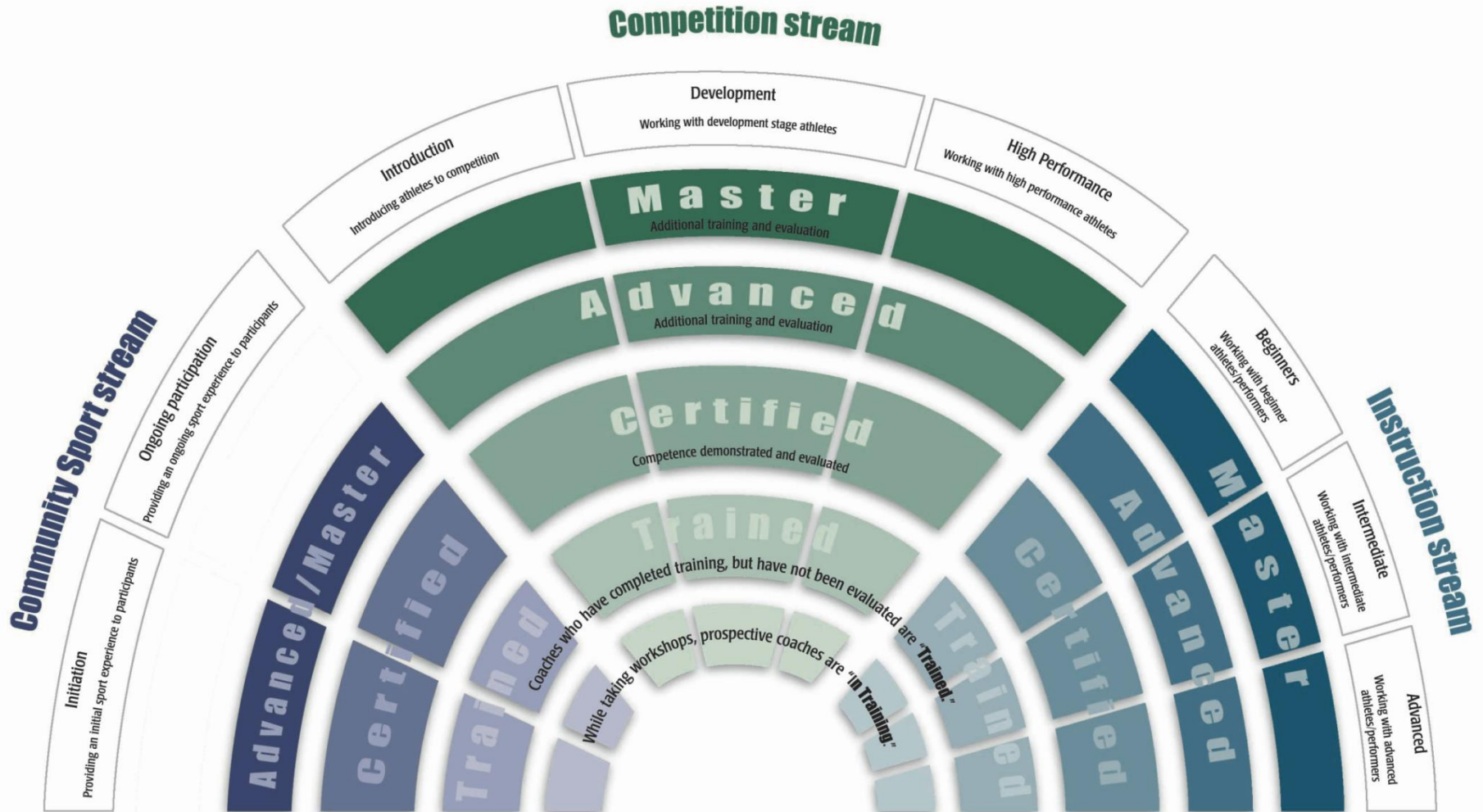
About the NCCP

- The National Coaching Certification Program (NCCP) was launched in 1974
- Delivered in partnership with the government of Canada, provincial/territorial governments, and national/provincial/territorial sport organizations
- Gives coaches technical abilities, teaches mentoring and decision-making skills
- Gives coaches the confidence to succeed, opens doors to new opportunities in coaching and life

Out with the old...

- Level 1, 2, 3, 4/5 – Technical, Theory and Practical are being re-vamped...
- Since 1997, the emphasis of the NCCP has been on developing competent coaches, helping them to become more effective and have a more meaningful impact on an athlete's experience
- A shift in emphasis from “what a coach knows” to “what a coach can do”
- Focus on training coaches to suit the type of athlete they're working with
- Level 1 and Level 2 are expired terminology within curling's NCCP

NCCP Coaching Model



Role of the CCA, CAC and the Provincial Curling Associations

- The CCA works with the Coaching Association of Canada (CAC) to develop coach training programs
- Provincial/Territorial Curling Associations deliver and administer coach training programs
- Coaching Association of Canada records coach training/certification in database as submitted by the Provincial/territorial curling associations
- Provincial/Territorial curling associations determine the rules surrounding coach certification at all provincially sanctioned curling events
- CCA determines the rules surrounding coach certification at national curling competitions (exception – Canada Winter Games)

Curling's NCCP Transition

- The Canadian Curling Association is nearing the completion of the transition from Level's Based Training to Context Based Training.
- It is anticipated that the transition will be complete by March 2015 when the Translation of Competition Development is finished.
- The CCA will then shift it's focus to enhancing delivery and quality of programming and creating relevant and accessible Professional Development Opportunities.

Curling's NCCP Model

Community/ Recreation Stream

Club Coach: Youth

Context: Community Sport - Initiation

Club Coach

Context: Community Sport - Ongoing

Competition Stream

Competition Coach

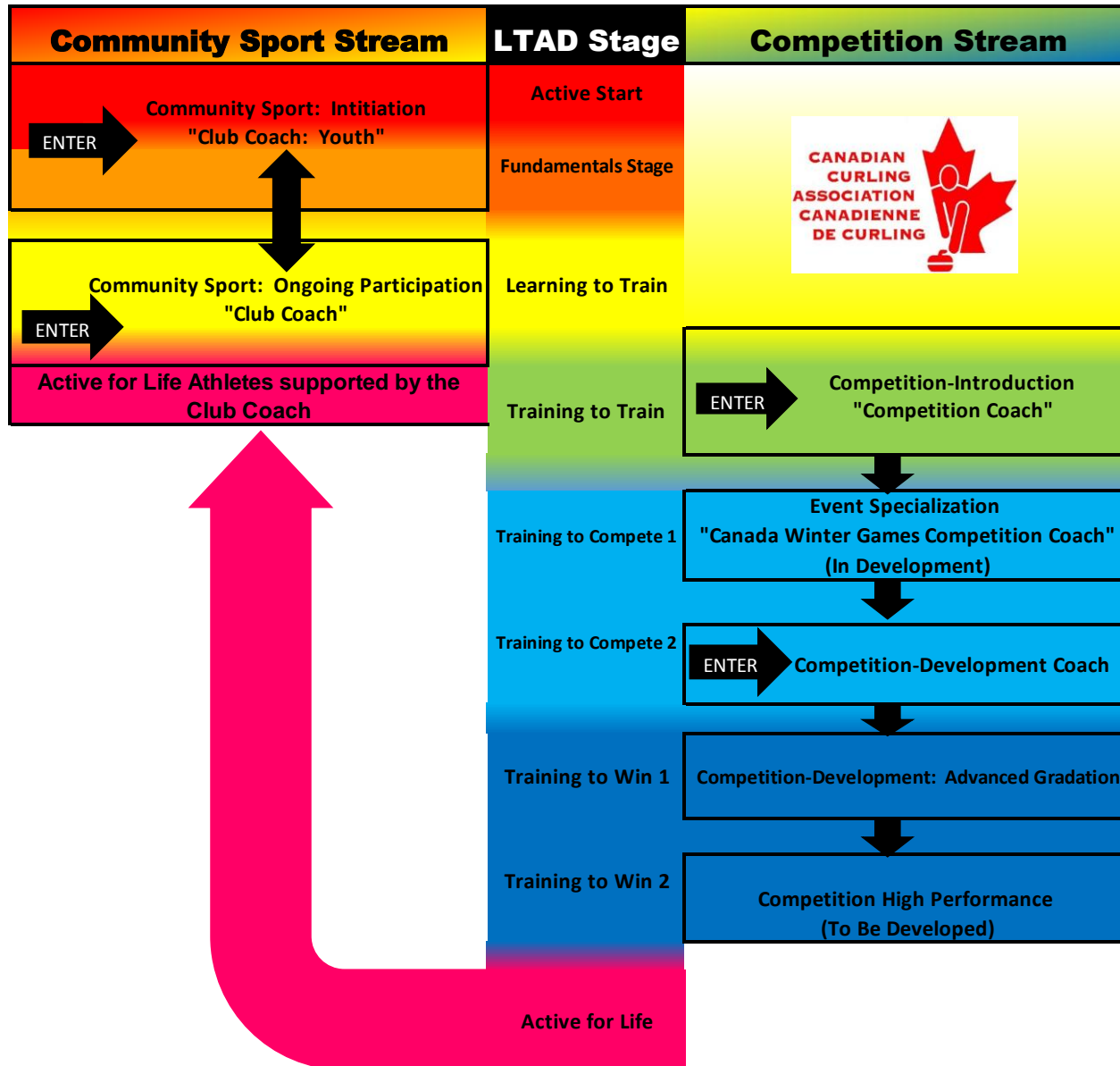
Context: Competition-Introduction

Competition Development Coach

Context: Competition-Development

Competition High Performance Future Development

Canadian Curling Association Coach Development Pathway



What Pathway should you take?

Age and Skill Level of Curler you Would like to Instruct or Coach	Recommended Starting Point
Youth or Little Rock Curlers, Young Juniors who are just playing recreationally within the club or interclub leagues	Club Coach: Youth
Adult or older juniors playing recreationally with in the club or interclub leagues, Learn to Curl Clinics, Advanced Clinics within the club, Rookie Leagues within the club	Club Coach
Junior, Adult, Senior, Master curlers who intend to play and practice together as a team and enter competitive play-downs or who compete on a competitive tour/major league	Competition Coach

Stages of Training and Certification

A coach is described as:

- **“In Training”** – when a coach has completed some of the required training for a context;
- **“Trained”** – when a coach has completed all required training for a context;
- **“Certified”** – when a coach has completed all evaluation requirements for a context

Community Sport Stream



Club Coach Youth

- One day workshop
- “Trained Youth Club Coach”



Club Coach

- Two day workshop
- “Trained Club Coach”



“Club Coach – Youth” and “Club Coach” Contexts do not require evaluation.

Club Coach: Youth



- This coach will be able to coach beginning curlers and youth curlers whom have been involved in curling for several years.
- A Youth Club Coach will be an expert in preparing a safe environment, ethical decision - making, and leading curlers in activities which are age suitable and technically correct for youth curlers.
- A Youth Club Coach will exemplify correct coaching behaviour.

Club Coach



- Club Coach a program that will focus on the needs of the “Club Curler.”
- The Club Coach will be able to teach curling skills and strategy sessions. They will become club experts in skill analysis, running practices and clinics, organizing leagues and bonspiels. They will be proficient in safety and ethics in coaching.

Competition Stream

- The primary difference between the Community Sport Stream and the Competition Stream is evaluation.
- In order for a coach to be deemed “certified” the coach must undergo a mandatory evaluation
- Coaches can begin their training in the Competition Stream (i.e. Community Stream is not a prerequisite), however coaches need to have a good understanding of the game and technical skills

Competition Coach

The Competition Coach will learn the following from the perspective of working with intermediate to advanced skilled teams:

- Teaching & Learning Strategies
- Strategy & Tactics
- Delivery and Brushing Skills
- Skill Analysis
- Practice Planning, including Safety and EAP (Emergency Action Plan)
- Drills to Correct

"Competition Coach" Pathway

to prerequisites to enter, however prior curling and coaching experience strongly recommended

		Enter		
		Pathway 1*	Pathway 2*	Pathway 3
Trained		Competition Coach Workshop**	Competition Coach Workshop**	Competition Coach Workshop (Optional)
		&	&	&
		MED Training (Curling Delivered)**	MED Training (Multisport Delivered)**	MED Training (Optional)
		&	&	&
Certified		Competition Coach Evaluation	Competition Coach Evaluation	Competition Coach Evaluation
		&	&	&
		MED Competition Introduction Online Evaluation	MED Competition Introduction Online Evaluation	MED Competition Introduction Online Evaluation - Fee
Maintenance of Certification				
Certification expires after 5 years, unless coach acquires 20 Professional Development (PD) Points or successfully completes certification process again. Details on how to obtain PD Points can be found on www.coach.ca or www.curling.ca				

Competition Coach Workshop consists of:
 MED Training (optional)
 Understanding the NCCP
 Teaching and Learning
 Plan a Practice
 Strategy and Tactics
 Analyze Performance
 Coaching in Curling
 Coaching AWAD

Competition Coach Evaluation Consists of:
 Submission of Portfolio
 Athlete Profiles
 EAP
 Practice Plan
 Observation of a Practice by a Certified Evaluator

* Recommended Pathway for most coaches

**Coaches are eligible to proceed to evaluation when corresponding training is complete.

MED = Make Ethical Decisions

AWAD = Athletes with a Disability

EAP = Emergency Action Plan

NCCP = National Coaching Certification Program

Competition Coach Evaluation

Competition Coach Evaluation Consists of:

- Portfolio submission which includes a Written Practice Plan and an Emergency Action Plan
- In person observation of the coach conducting a practice
- Debrief/Action Plan
- Successful on-line evaluation of “Competition-Introduction” Make Ethical Decisions (MED) Module – www.coach.ca

Competition Development

- Program is complete and has been offered once already, 30 coaches currently in the two year program
- Will be offered in Western Canada and Quebec in 2015 and other provinces as required
- Currently being translated
- Involves a 4 day in-person workshop, several webinars, annual plan development and implementation, work with a mentor coach, and evaluations
- Tuition/Travel Subsidies available from some provinces
- If interested in taking the Comp Dev workshop – contact Jennifer Ferris at jferris@curling.ca or your Provincial Curling Association.

Competition Development Coach Pathway: Curling

It is recommended that coaches be Level 2 or Competition Coach Certified before beginning training.



Prerequisites	Sport Specific Training	Multisport Module Training	Evaluation	Maintenance
Make Ethical Decisions (MED) Training* Plan a Practice 1 Design a Basic Sport Program*	Analyze Technical and Tactical Performance Advanced Practice Planning Managing a Program Performance Planning Developing Athletic Abilities Prevention and Recovery	Coaching and Leading Effectively* Managing Conflict* Psychology of Performance* Leading Drug Free Sport*	MSM Online Evaluations: 1) Comp-Dev MED 2) Leading Drug Free Sports 3) Managing Conflict Formal Observation of Coach: 1) During Practice Session 2) During Competitive Session Portfolio Submission (Annual Plan, EAP, Practice Plans, Athlete Profiles) Curling Rules Evaluation Video Analysis Task Debrief	Certification Expires after 5 years of inactivity. To maintain certification: Coach must provide evidence of active coaching and professional development (30 points) or repeat Evaluation process.
"In Training"			"Trained"	"Certified"
Direct to Evaluation Pathway				

Notes: Design a Basic Sport Program - is offered as a MSM in Intro to Competition B, Plan a Practice 1 - is offered as a MSM in Intro to Competition A or Competition Coach (Curling). (*) Each of these modules are offered by P/TSO.

Proposed Timeline – 2 Year Training/Evaluation Process

Take MSM sport modules as they become available in your area: Coaching and Leading Effectively, Managing Conflict, Psychology of Performance, Leading Drug Free Sport

Enter Program with MED, Design a Basic Sport Program and Plan a Practice 1	Register for Program	Program Pre-tasks: Understanding the NCCP LTAD Review – Curling for Life Wheelchair Curling Pre-Task	Curling Specific Training (4.5 days), Performance Planning, Technical Skills, Analyze Performance, Manage a Program, Prevention and Recovery, Developing Athletic Abilities		Preparation of Annual Plan	Submission of Annual Plan for review and feedback. Implementation of plan for June to May season.			Bi-Weekly Webinars: Advanced Practice Planning (2), Strategy (2) Practice Plan Submission		Practice Evaluations (Video or In Person)	
Prerequisites	January	February	March	April	May	June	July	August	September	October	November	December
Year One												

Take MSM sport modules: Coaching and Leading Effectively, Managing Conflict, Psychology of Performance, Leading Drug Free Sport

Continue work on Portfolio, Video Analysis Assignments, Annual Planning			Webinar Presentations of Annual Plan/Analysis, Preparation of new Annual Plan	Finish any MSM				Competition Evaluation, Portfolio Submission			Coach Debrief
Check in Point with Mentor					Check in Point with Mentor			Check in Point with Mentor			
January	February	March	April	May	June	July	August	September	October	November	December
Year Two											

Sunset Dates for Level 3

- Sunset Dates for Level 3 Certification Program – these rules will apply for coaches who have entered the Level 3 Certification program prior to December 31, 2013

Component	Sunset Date
Level 3 Technical	December 31, 2013
Interim Level 3 Theory Plan (Any 4 of 6 Competition Development Multisport Modules)	April 30, 2015
Level 3 Practical Workbooks/Evaluations	April 30, 2015
Interim Level 3 Certification Plan	April 30, 2015

Interim Level 3 Certification Plan

for coaches who entered program Prior to December 31, 2013

Expires April 30, 2015

Prerequisite for Level 3 Certification Program
"Level 2 Certified"

Level 3 Certification Program
(Level 3 Theory Equivalent in Italics)

Make Ethical Decision (Training and Evaluation)

+

Design a Basic Sport Program Multisport Module (MSM)
(Offered in Intro to Competition B)

+

Any 4 of 6 Multisport Modules listed below
(Offered by provincial/territorial coaching associations)

Coaching and Leading Effectively

Managing Conflict

Prevention and Recovery

Psychology of Performance

Leading Drug Free Sport

Developing Athletic Abilities

+

Level 3 Technical (offered until December 31, 2013)

+

Level 3 Practical (as currently offered by curling)

Certification: Level's to Context Base

- The NCCP has developed a new database called “The Locker”
- The NCCP over the next year all sports should be transitioned from the old database into the new locker
- The CCA Transition Committee has developed a set of transfer rules to recognize the previous training coaches have and grant an equivalency in the new program – available at curling.ca
- Priority has been given to sports who have completed the transition, curling is anticipated to be in the second wave of transfers (should be done by March 2015)

Example of Transfer Rules

Levels Coach	Transfer in the New NCCP		Requirements to receive Trained status	Requirements to receive Certified status
	Context	Status		
Level 1 Certified	Club Coach Youth	<i>Trained*</i>		Must complete Competition-Introduction MED Evaluation & Competition-Introduction Curling Evaluation
	Club Coach	<i>Trained*</i>		
	Comp-Intro	<i>Trained*</i>		
Level 1 Technical & Level 1 Theory	Club Coach Youth	In-Training	Must complete MED Training	Must complete Competition-Introduction MED Evaluation & Competition-Introduction Curling Evaluation
	Club Coach	In-Training	Must complete MED Training	
	Comp-Intro	In-Training	Must complete MED Training	

Maintenance of Certification

How to accumulate professional development Points?

- NSO and PSO sport organization conferences and workshops
- Coach mentorship programs
- Active Coaching
- In most cases, certified coaches are already earning their required PD points
- Maintenance of Certification is simply the introduction of tracking these points and recognizing coaches for their efforts.

Points Requirements

- Professional development requirements must be completed by the end of the period for which the certification is valid.
- Coaches are required to obtain a minimum number of Professional Development credits, dependent upon the context which they are certified.

Context (includes any gradation)	5 year period (beginning January 1, 2014)
Competition-Introduction ("Competition Coach")	20 points
Competition-Development	30 points

How to Accumulate Points

	Activity Category	Points	Limitations
Curling Specific	Active Coaching	1 points/year for every season coached 1 point/year for Learning Facilitator or Evaluator Activity	To a maximum of 5 points for certification renewal period
	NCCP Activity	5 points/training module or evaluation event	No maximum or minimum
	Non-NCCP Activity	1 point/hour of activity up to 3 points maximum	No maximum or minimum
	Coach Self-Directed Activity Re-evaluation in context	3 points for the valid certification period 100% of the points required for PD credit in the context	Maximum of 3 points for the certification renewal period No other PD is required if coach chooses re-evaluation
Multi-sport	NCCP Activity	5 points/training module or evaluation event	No maximum or minimum
	Non-NCCP Activity	1 point/hour of activity up to 3 points maximum	To a maximum of 50% of required PD for the context in a certification renewal period

NCCP workshops

(MSM or Sport specific = 5 points)

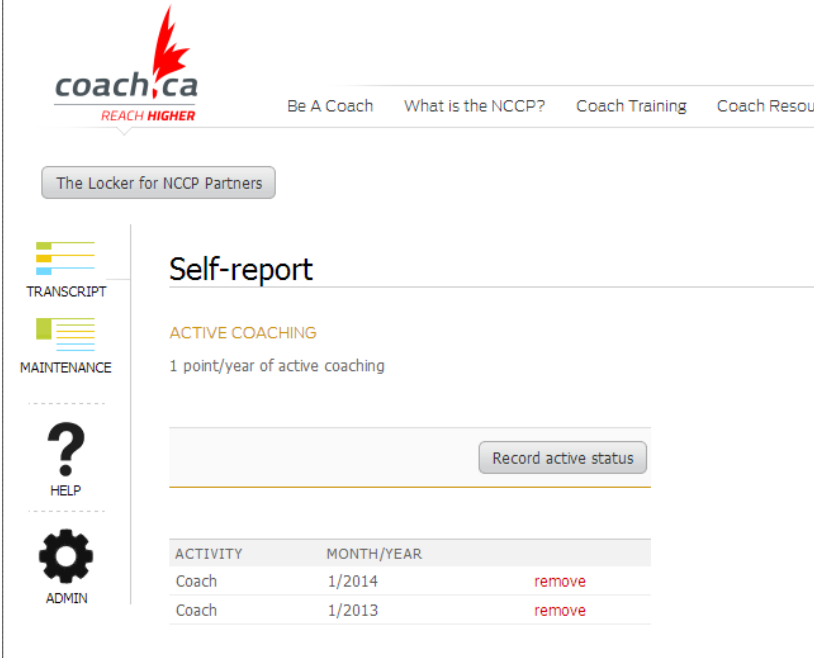
- Any workshop in Community Sport, Competition or Instructor Streams in any sport
- Aboriginal Coaching Modules
- Empower +
- Fundamental Movement Skills
- Make Ethical Decisions
- Planning a Practice
- Nutrition
- Resistance Training
- Teaching and Learning
- Design a Basic Sport Program
- Basic Mental Skills
- Coaching and Leading Effectively
- Managing Conflict
- Leading Drug-Free Sport
- Developing Athletic Abilities
- Prevention and Recovery
- Psychology of Performance
- Making Headway

Events and workshops – Examples in curling (1 point per hour up to 3 points maximum)

- Wheelchair Curling Coach PD Module
- Canada Winter Games PD Module
- Summit events
- Mentorship Programs (CurlSask Coach Mentor Program)
- Annual Conferences/Symposiums
- Guest Speakers (live or by webinar)

Active coaching (1 point per season – self reported)

- 1 point per season of active coaching
- Self Reported on the Locker
- Active Coaching = working with a team, instructing in a camp, clinic, league, rental environment



The screenshot shows the 'coach.ca' website interface. The header includes the logo 'coach.ca' with the tagline 'REACH HIGHER' and navigation links: 'Be A Coach', 'What is the NCCP?', 'Coach Training', and 'Coach Resou'. Below the header is a button labeled 'The Locker for NCCP Partners'. The main content area is titled 'Self-report' and displays 'ACTIVE COACHING' with '1 point/year of active coaching'. A 'Record active status' button is visible. A table below shows coaching activities:

ACTIVITY	MONTH/YEAR	
Coach	1/2014	remove
Coach	1/2013	remove

The left sidebar contains navigation icons for 'TRANSCRIPT', 'MAINTENANCE', 'HELP', and 'ADMIN'.

Future development

The NCCP team continues to develop Maintenance of Certification by:

- collecting sport-specific and multi-sport professional development opportunities from our partners and adding them as pre-approved PD in the Locker;
- exploring partnerships with other training delivery agents (such as First-Aid, post-secondary institutions, etc.);
- and moving toward implementing a submission tool for self-directed professional development.

FAQ's

- Who does “Maintenance of Certification” Apply to?
 - Certified NCCP Coaches – Competition Stream only in Curling
- When do the Requirements for Maintenance of Certification Start?
 - The requirement to maintain "Certified" status through the accumulation of Professional Development points and proof of active coaching, officially started for all sports on January 1, 2014. However, any PD points earned in 2013 will be counted towards the maintenance of your certification even though the maintenance requirements for your certification only came into effect on January 1, 2014. This effectively gave you all of 2013 as a bonus additional year to have earned PD points.
- How many points do I need?
 - Competition Coach 20, Competition Development 30
- What will I have to do to ensure that my PD points are recorded on my transcript?
 - Simply indicate to the organizer of the event that you wish to receive PD points for attending. The organization that is coordinating or hosting the event or activity is responsible for entering into The Locker the names of participating coaches. You will automatically receive the PD points assigned to that event..


FAQ's

- What if I'm certified in two sports?
 - If you are certified in two sports, accumulated points will apply to both sports. The number of points required to maintain certification will be determined by whichever sport requires the highest number of PD points.
- What if I'm certified in two different contexts?
 - If you are certified in two contexts within a sport, your accumulated PD points will apply to both contexts. The number of points required to maintain certification will be determined by whichever context requires the highest number of PD points.
- What happens to my NCCP Certification if I do not complete the required PD in the time allowed?
 - Your transcript would show that your "Certified" status has not been renewed. Your sport determines what a coach must do to reinstate their "Certified" status. Your sport also determines the consequences of 'non-renewed' "Certified" status. These details will continue to be worked out by NSOs through the first PD cycle (2014-2019).


FAQ's

- I'm certified in the Level's NCCP System, does Maintenance of Certification apply to me?
 - Not yet, until the transfer the transfer of the Level's system happens, PD points will only be visible on the transcripts of the new system. The transfer will begin to be rolled out in the fall of 2014. Curling will likely be rolled out in the second or third wave of sports, as priority is being given to sports who have completed the transition into the Context based system


Transcripts


 Click here to check your PD points.


BIATHLON COMPETITION - INTRODUCTION	SINCE	EXPIRES	P. D. POINTS
★★★ Certified	12-Oct-2010	Jan 2019	12/20


 [Be A Coach](#) [What is the NCCP?](#) [Coach Training](#) [Coach Resou](#)

The Locker for NCCP Partners

 TRANSCRIPT

 MAINTENANCE

 HELP

 ADMIN

Self-report

ACTIVE COACHING

1 point/year of active coaching

ACTIVITY	MONTH/YEAR	
Coach	1/2014	remove
Coach	1/2013	remove

Want more information?

www.curling.ca

Or

www.coach.ca